



## MASONIC CHILDREN'S HOSPITAL

# FAMILY NEWSLETTER

## WEEKLY CALENDAR OF EVENTS

### WEEK OF APRIL 29, 2024

**\*Kyle Rudolph's End Zone** is a therapeutic play space where patients and families can enjoy the basketball hoop, craft activities, video games, bubble hockey and more.



### Activity Theme of the Week: Weather Wonders



#### End Zone Hours:

Monday-Thursday 9:30-12:30pm, 1:00pm-7:30pm

Friday 3:30pm-7:30pm

Sat-Sun 9:30am-12:00pm, 1:00pm-4:00pm



Call **612-365-8919** to check when the space will be open, as hours may vary.

### \*Zucker Family Suite and Broadcast Studio

is a closed-circuit television channel with therapeutic programming 24/7. Please refer to the back of this newsletter for our weekly schedule.



**612-365-0102**

### \*Family Resource Center and Children's Library

Browse our selection of books, movies, and video games. Read and relax, learn to knit/crochet, pamper yourself with a manicure or use our computers and printers. Enjoy a complimentary cup of coffee. Use the QR code to see what movies and games we have to check out!

**612-365-2100**

Open Monday-Friday 9:00-12:00 & 1:00-3:00 (hours may vary)



Movie List

### Nature Note- Red Fox Kits

#### Nature Based Therapy Program

To avoid humans, skillful red foxes hunt at night in backyards, gardens, and city parks. They have adapted to live close to us and are rarely seen. Although mice and other rodents are their favorite meals, red foxes will eat birds, frogs, snakes, earthworms, grasshoppers, and even berries! Scan the QR code to take a look at a fox kit's first year of life!



### \*Family Coffee Hour

Family Resource Center

Thursday, May 2nd 10am-11am



Join us for coffee, conversation and community! Beverages and light breakfast will be provided. Families are encouraged to enjoy this time in the FRC; items can be taken to go.

### April Family Milestone Activity Loose Parts Play

Family Resource Center



In the month of April, our Milestone is about getting creative! We will have bags of miscellaneous items that can be used in any way you can imagine! Come down to the Family Resource Center to see what you can create! All family members are encouraged to participate.

**\*Wellness Center** is a space for adult family members of pediatric patients (18+) and is located in the South Building on the 5th floor. Visit or call the Family Resource Center (FRC) to check out a badge for access to the exercise space and to schedule a wellness service.



Call the FRC at **612-365-2100** to schedule any of the following services:

Hair Salon Services for Family Members (Wash, cut, style)

Next appointment times:

Friday, May 3rd: 11:00am-2:00pm



### Ambassador Program

Our patient families are our best advocates and supporters. The program offers unique opportunities to get involved while staying connected to the hospital. Members are able to attend fun events, share their story, volunteer, and much more.

Sign up using the QR code!

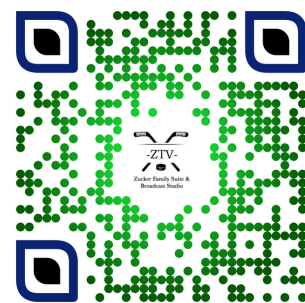


Ambassador Program

# ZUCKER FAMILY SUITE AND BROADCAST STUDIO



The Zucker Family Suite and Broadcast Studio is an interactive closed-circuit television studio for patients and families. Tune in to **Channel 12** everyday for various shows that promote creativity, fun, and relaxation! Programming supplies are delivered prior to shows that require materials. Need supplies or want to try hosting a show from your room, give us a call! Scan the QR code for a short video about ZTV!



## APRIL 29– MAY 5

### MONDAY

**11 AM - Craft Cabin**  
Pokemon Craft



**1PM - Music Monday**  
Live concert with singer/songwriter Thomas Sticha

**4PM - ZTV Knows About That** Hair Loss

### TUESDAY

**11 AM - Gaming with Rachel**

**1PM - Kahoot Trivia**  
Star Wars

**4PM - ZTV Interviews the** the cast of the musical **Lion King!**



### WEDNESDAY

**11 AM - Lego Builds**

60second Challenge  
Sports Edition



**1PM - Coping Corner**  
Celebrating you!

**4PM - ZTV at the Museum**  
First Floor Mansion Tour at the American Swedish Institute

### THURSDAY

**11 AM - Nature Based Therapy** Minnesota Habitats

**1PM - Bingo!**



## STAR WARS

**2PM - Lollipop Get Creative Drawing**

**4PM - In the Net with Dr. Alexis**

### FRIDAY

**11 AM - Craft Cabin**  
Star Wars Craft

**1PM - BARK Buddies and Beyond** with Facility Dog Fern



**4PM - ZTV Q&A with Jason Zucker & Jared Spurgeon**

### SATURDAY

**11 AM - Music Therapy**  
Mindfulness Music

**1PM - Coping Corner**  
Be a light in the World



**4PM - Upside Down Challenge with MN Gopher Football Players**

### SUNDAY

**11 AM - ZTV Draws**  
Pandacorn and Treehouse

**1PM - Pictionary with TC Bear** from the MN Twins



**4PM - ZTV Knows About That Lungs**

### EVERYDAY

**8:30 AM - Wheels Up!**

**9:30AM - Morning Report**

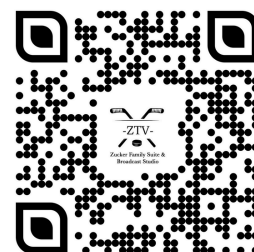
**7:00 PM - Bedtime Stories**

**7:30 PM - Nightly Novel**



## ZTV ON DEMAND WEBSITE

Check out our ZTV On Demand Website to view episodes of previous ZTV Shows. New shows are added weekly. To access the website, scan the QR code on a phone or tablet or go to **fairview-ztv.cablecast.tv**



**Live Call In:** 612-365-0101 | **Voicemail:** 612-365-0102  
**iMessage or Email:** [zuckersuite@zuckersuite.org](mailto:zuckersuite@zuckersuite.org)