

Contingency work restrictions for healthcare workers with COVID-19 infections or exposures

These changes do not apply to those who can work offsite or to patients.

Situation	COVID-19: RETURN TO WORK AND TESTING RECOMMENDATIONS																									
<p>COVID-19 positive healthcare worker regardless of vaccination status</p>	<p>With symptoms: Return to work 5 days after symptoms first appeared (sixth day of infection) if it has been at least 24 hours since last fever and other symptoms improved. If you are immunocompromised or symptoms are not improving, contact EOHS before returning to work.</p> <p>Without symptoms: Return to work 5 days after date of positive test.</p> <p><i>If you tested through EOHS, there is no need to report to EOHS.</i> <i>If you tested elsewhere, send a copy of your result to dept-eohs-covid-results@fairview.org.</i> Fairview Range call 218-312-3017; Grand Itasca call 218-999-1464</p> <p>If symptomatic, FDA-approved rapid antigen (home or lab) tests are accepted.</p>	<table border="1"> <thead> <tr> <th></th> <th>I have symptoms</th> <th>I don't have symptoms</th> </tr> </thead> <tbody> <tr> <td>Day 0</td> <td>Symptoms started</td> <td>COVID-19 test is positive</td> </tr> <tr> <td>Day 1</td> <td></td> <td></td> </tr> <tr> <td>Day 2</td> <td>I tested and it's positive</td> <td></td> </tr> <tr> <td>Day 3</td> <td></td> <td></td> </tr> <tr> <td>Day 4</td> <td></td> <td></td> </tr> <tr> <td>Day 5</td> <td>- No fever in the last 24 hours - Symptoms improved</td> <td></td> </tr> <tr> <td>Day 6</td> <td>Return to work</td> <td>Return to work</td> </tr> </tbody> </table>		I have symptoms	I don't have symptoms	Day 0	Symptoms started	COVID-19 test is positive	Day 1			Day 2	I tested and it's positive		Day 3			Day 4			Day 5	- No fever in the last 24 hours - Symptoms improved		Day 6	Return to work	Return to work
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<p>COVID-19 high risk exposure (see infographic)</p>	<p>No work restrictions.</p> <p>If you have not received a booster, test between days 1-3 and retest on days 5-7. FDA-approved rapid antigen (home or lab) tests are accepted.</p> <p><i>Work-related:</i> Enter an employee event in Compass.</p>																									
<p>Symptoms of COVID-19</p>	<p>Stay home and test as soon as possible.</p> <p><i>If you test positive:</i> (FDA-approved rapid antigen (home or lab) tests are accepted)</p> <ul style="list-style-type: none"> Return to work 5 days after symptoms first appeared (sixth day of infection) if it has been at least 24 hours since last fever and other symptoms improved OR return to work 6 days after date of positive test if asymptomatic. If you tested through EOHS, there is no need to report to EOHS. If you tested elsewhere, send a copy of result to dept-eohs-covid-results@fairview.org. Fairview Range call 218-312-3017; Grand Itasca call 218-999-1464 <p><i>If you test negative:</i></p> <ul style="list-style-type: none"> Return to work if PCR test is negative, or two rapid antigen tests are negative (initial and repeat in 48 hours). If you tested through EOHS, there is no need to report to EOHS. If you tested elsewhere, send a copy of result to dept-eohs-covid-results@fairview.org. Fairview Range call 218-312-3017; Grand Itasca call 218-999-1464 																									

Minnesota Department of Health testing sites: mn.gov/covid19/get-tested/testing-locations/community-testing.jsp